UPDATES

Placer-Nevada Rx Drug Safety Coalition



A DEEP DIVE INTO PLACER AND NEVADA COUNTIES

Alongside the Placer-Nevada Rx Drug Safety Coalition, countless community organizations, healthcare professionals, and media sources spend so much time talking about the opioid epidemic. As your local nonprofit dedicated to creating safer drug practices, we wanted to spend a moment offering some resources to help readers take a deep dive into why the opioid epidemic matters to Placer and Nevada Counties.

- According to <u>this</u> article from DHCS, "in California, all drug related deaths increased by 20%" between July 2019 and July 2020.
- The same article mentions that fentanyl overdose deaths nearly quadrupled since 2018, adding how "heroin, methamphetamines, and cocaine are often laced with fentanyl."

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IS THE OPIOID EPIDEMIC REALLY HAPPENING HERE?

The short answer? Yes.

Opioid misuse and abuse happens in every community, which is why we all share the responsibility of working to prevent it. Recent studies show:

- Increased misuse among women
- Increased misuse among high income people and people with private insurance
- High co-morbidities of opioid misuse and tobacco use

If you are concerned about you or a loved one's opioid use, please talk to your healthcare professional or find resources at the following sites.

https://www.placer.ca.gov/2198/Substance-Use-Services

https://www.mynevadacounty.com/486/Alcohol-Drug-Services



@scmf.ca @pncms_yscms



Rx Drug Safety -Placer & Nevada





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PUBLIC HEALTH UPDATES

Please continue to stay tuned to local guidelines regarding the COVID-19 pandemic. We understand that this can be challenging and stressful and encourage you all to stay informed and safe. We encourage all Placer and Nevada County residents to talk to a healthcare professional about getting vaccinated against COVID-19 to prevent illness and community spread. Check out these resources to learn more about the safety and effectiveness of the COVID vaccine and masking guidelines.

- <u>CDC Information Page about COVID-19</u> <u>Vaccine</u>
- The <u>Placer</u> and <u>Nevada</u> County Websites for Vaccination
- This article about the current masking policies

Protect yourself and others so we can get back to enjoying time with each other in our community!

Be sure to keep an eye out for our future newsletters and to follow us on social media for more information. Reach out to rxdrugsafety@gmail.com with questions, concerns, or more information on getting involved!

Thanks for reading!

