



Sierra Community Medical Foundation (SCMF) needs your help.

On November 30th, we will be participating in Giving Tuesday. Giving Tuesday is a “**global generosity movement unleashing the power of people and organizations to transform their communities and the world.**” SCMF facilitates programs for the residents of Placer, Nevada, Yuba, Sutter and Colusa Counties with the goals of creating happier, healthier communities. By donating you can help us work towards these goals.

Our Rx Drug Safety Coalition, Physician Wellness Coalition, and Adverse Childhood Experiences (ACEs) Coalitions thrive from the partnership and collaboration of several professionals, community leaders, and residents in our communities. SCMF uses this model to ensure that we are looking at supporting health at the level of individuals, families, and all the way up to the community perspective. Our newest Coalition, Adverse Childhood Experiences (ACEs), focuses on promoting the wellness of our youth, as they will develop into the future leaders of our community. Our Coalition helps facilitate the challenging conversations about neglect and abuse and the negative impacts these experiences can have on health. We educate our community about ACEs, how they occur, how to prevent them, and how to treat the adverse health impacts of ACEs, in order to pave solutions towards a healed community. According to the California ACEs Aware website, “two-thirds of us have at least one ACE.”

One of our final projects of the year will be providing coats to children in our communities. Children cannot thrive educationally, socially, physically, or mentally, without basic needs met first. We invite you to help us kick off this initiative, which will be active until the end of 2021, by donating to our fundraiser on Giving Tuesday.

SCMF is committed to making a difference in our communities with our programs. We can make this difference with the help of all of you.

Get ready to support the health, comfort, and happiness of children in our community this Giving Tuesday with Sierra Community Medical Foundation.

- Mark your calendar for November 30th and join the Giving Tuesday movement that is so important to nonprofits in our community.
- Make a donation through [our website](#).
- Engage and connect with others: the spirit of Giving Tuesday relies on the efforts of our large support network. Please share widely as you support the [mission of SCMF](#) this Giving Tuesday.
- Stay tuned for additional information regarding our coat drive for children which will last through the end of 2021.

Together, we can work towards a healthier community.

Learn more at <http://www.scmfoundation.org/>.

With gratitude,

Sierra Community Medical Foundation