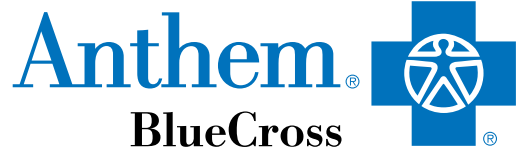


Your community, your needs



We'll help you stay on top of your health care.

There is a lot to manage when it comes to health care, so we're here to help. Anthem Blue Cross community health workers can connect you with a variety of resources available in your community. We want to assist you with managing health tasks and overcoming roadblocks.

A community health worker is your personal health advocate that can help you with:

- Understanding your health benefits
- Finding or changing your primary care physician (PCP)
- Scheduling medical appointments
- Communicating with your health care team
- Finding transportation to approved medical services
- Referrals from your PCP when you need specialty care for ongoing concerns
- And more



Community health workers can also connect you with community resources that help with:

- Food
- Housing
- Financial assistance
- Legal aid
- Transportation
- Jobs
- Education
- And more



www.anthem.com/ca/medi-cal



To request a community health worker at no charge to you, please call the Case Management Line at 1-877-264-4525.

Do you need help with your health care, talking with us or reading what we send you? We provide our materials in other languages and formats, including Braille, large print and audio at no cost to you. Call us toll free at 1-800-407-4627 (TTY 1-888-757-6034).

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos, incluyendo braille, letras grandes y audio sin costo para usted. Llámenos a la línea gratuita al 1-800-407-4627 (TTY 1-888-757-6034).

您在醫療保健、向我們諮詢、或是閱讀我們寄給您的資料時有需要任何的幫助嗎？我們以其他語言和格式提供我們的資料，包括點字、大型字體印刷和音訊格式，您無需支付任何費用。請撥打免費電話 1-800-407-4627 (TTY 1-888-757-6034)。

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