

UPDATES

Placer-Nevada Rx Drug Safety Coalition



CALIFORNIA CAREFORCE FREE CLINIC IN CHICO

On Friday, November 12th, Sierra Community Medical Foundation paid a visit to the free clinic hosted by California CareForce in Chico, CA. At the clinic we were able to distribute our drug safety materials, including several doses of NARCAN, as well as informational brochures. We thank California CareForce for providing this amazing opportunity to support our community's health.

If you missed us at the clinic, don't worry! Check out our informational opioid safety brochure [here](#), and click [here](#) to learn how to get your own supply of NARCAN.

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Read on to learn about upcoming opportunities in community health and safety!

- [Get vaccinated against COVID-19 and the flu this season.](#)
- November 16th, 2021: [Advancing Behavioural Health Equity Webinar](#)
- November 17th, 2021: [Update on the Opioid Epidemic in CA](#)
- November 18th, 2021: [NIH Rural Health Day Seminar](#)
- November 22nd, 2021: [X-Waiver Training](#).
- The next Rx Drug Safety Coalition Meeting will be held over a Zoom platform on **December 16th, 2021.**

THIS WEEK: NATIONAL RURAL HEALTH DAY

The third Thursday of November is National Rural Health Day. This year, take some time leading up to November 18th, 2021, to learn about rural health. Here are some fast facts to get started:

- Rural Americans are often at greater risk of death due to long travel distances to speciality and emergency care and/or environmental hazards.
- Rural Americans tend to have higher rates of cigarette smoking, high blood pressure, and obesity.
- Rural residents often have higher rates of poverty and are less likely to have health insurance.

Many of these risks can be combatted in part by preventative care, like healthier eating, exercise, screenings, and a support network.

Be sure to keep an eye out for our future newsletters and to follow us on social media for more information. Reach out to rxdrugsafety@gmail.com with questions, concerns, or more information on getting involved!



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