

UPDATES

Placer-Nevada Rx Drug Safety Coalition



NATIONAL SAFETY MONTH

June is National Safety Month. Safety measures can include illness and injury prevention as well as coping with a disaster or traumatic event. Take some time this June to learn about how to practice safety as it relates to substance use and wellness. Start with the following tips:

- Remember to store medications securely and dispose of them when they are no longer needed.
- Find healthy coping strategies to care for your mental wellness.
- Speak to a professional if you need assistance with managing your substance use or your mental health.

Thanks for doing your part in keeping the community safe!

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FENTANYL TEST STRIPS

Do you know about fentanyl test strips? Fentanyl test strips, when used correctly, can determine if fentanyl is present in a substance. Learn how to use fentanyl test strips by watching [this video](#).

The lethal dose of fentanyl is very small and therefore detecting its presence can be a life-saving measure. However, fentanyl test strips are just one part of harm reduction. View the "Building Harm Reduction Presentation" linked on our [page](#) to learn about what else you can do to reduce the risks of using substances and prevent overdoses.

Get in touch today if you would like assistance locating where to obtain fentanyl test strips or other services in our community.



COMMUNITY UPDATES & OPPORTUNITIES

Stay in the loop by checking out the following public health and safety resources for our community:

- Sierra Community Medical Foundation invites you to the ACEs Health and Wellness Provider Summit on September 30, 2022, 9:00 am - 2:00 pm. Learn more and register at <https://www.eventbrite.com/e/aces-wellness-summit-tickets-339116284937>.
- 1 Pill Can Kill Placer County has extended their social media sharing challenge--view more details in the flyer attached to this email.
- Click [here](#) to register for Yuba Harm Reduction Collective's event, a screening of "The Wisdom of Trauma," on June 15th at 6PM.

Be sure to keep an eye out for our future newsletters and to follow us on social media for more information. Reach out to rxdrugsafety@gmail.com with questions, concerns, or more information on getting involved!



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@pncms_yscms



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Placer & Nevada

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